

Summer
2016

Newsletter 2016



South Brent Health Centre

Suggestions and Friends/Family

Questionnaire

After listening to some patient suggestions we now have two raised chairs to help those who struggle to get out of the other chairs provided.

We would also like to thank the patient who kindly donated the pink hospital chair.



We are hoping to undertake a refurb of the waiting room in the not too distant future.

Many thanks to all those who take the time to complete the Friends and Family questionnaires, we are always open to any suggestions patients would like to make.

Sun Exposure

The sun has finally made an appearance...yippee!!

In order to enjoy the sun while it lasts please remember to always be sun aware.

This involves,

- Covering up with suitable clothing, sunglasses and most importantly a hat.
- Use sunscreen
- Drink plenty of water to keep hydrated
- Take extra care with children
- Stay in the shade whilst the sun is at its strongest, normally in the UK between 11-3



Patient Access

We are now offering GP Online Services. This means as well as being able to book appointments online and order repeat prescriptions you are now able to view part of your GP records online. You can already look at some information such as medications and allergies, however during the next year you will be able to see even more such as illnesses, immunisations and test results.

If you would like to use online services please contact Reception who will advise you on how to do this.

Staff Updates

Dr Tony Born will be away from the Practice for 8 weeks due to a recent ankle operation. We all wish him a speedy recovery.

Laura Newberry our Practice Nurse is returning from Maternity Leave on 25th July YAY, we look forward to welcoming her back :) We also welcome Jane Knowling as a permanent member of the Health Centre Nursing team, Jane will work every Wednesday afternoon.

Sadly Dr Natalie Lewis has completed her training with us and her last day will be Monday 1st August. Dr Lewis has been a welcome addition to the Health centre and will be missed!! We wish her lots of luck in her new job at Kingsteignton Health Centre.

Last but not least in June we welcomed our new GP Registrar Dr Sarah Patching, Dr Sarah Patching will be with us until January 2017 and we hope she quickly feels part of the SBHC team. We also have another GP Registrar Dr Sara Fresney joining us in August

Appointment Information

Please remember to ask the Receptionist for a double appointment if you have more than one problem to discuss. Also we are more than happy to receive prescription requests and queries via email, our email address is admin.l83075@nhs.net.

Appointments can also be booked online, please ask at Reception for information on how to do this. Lastly if a face to face appointment isn't necessary we are able to book telephone consultations with the Drs, please contact reception to arrange this.

Race For Life 2016

Dr Sarah Galloway and Sam one of our Receptionist took part in Race for Life recently. Despite the rain Sarah finished the 5k run in an impressive 27 minutes and Sam finished in 37.4 minutes!! Both are taking part in the Edinburgh Marathon and Half Marathon next year.

Our Deputy Practice Manager and members of the Admin team pulled on their walking boots and took part in the St Luke's Midnight Walk. They walked an impressive 6 miles and raised over £300 for St Luke's. Well done ladies :)



Measles - We have been notified that there have been some confirmed cases of Measles in the area. If you suspect you or a family member has measles please ring the Health Centre first before attending. A Receptionist will either put you through to a Dr or ask a Dr to call you back, if the Dr feels it is necessary for you to come to be assessed an appointment will be made, Thank you.